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Your essential daily news | wednesday, June 3, 2015

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Greater Goal Way

Teardown

A new building is estimated to cost \$86M



Haley Ritchie Metro | Ottawa

A report to be presented to the library board later this week says the current central branch library, with its somewhat-brutalist concrete architecture and dark maze-like interior, has got to go.

The new library being proposed would be larger than the current space at 132,000 square feet, and be located no further than 400 metres away from a new LRT station. Mayor Jim Watson said he agrees with the recommendations.

"It's a very complicated building and I think in many ways if we're going to work towards a new public library, which I support, I think we're better off doing it from scratch," he said.

After the LRT, Watson said the new central branch library would be the largest infrastructure project before council. The estimated cost for the new building option is \$86 million.

"We'll have a clearer idea in the next three months for where we're going with that project," Watson said.

Included in the report are suggestions from a public consultation held in March, when residents voiced ideas like incorporating outdoor spaces, accessibility and a coffee lounge. It also suggests using new technology and having "a messy creation space." The city will look at two options: going at the project alone on city-owned land, or partnering with a private company.

New additions to signs along Bank Street were unveiled Tuesday afternoon. The stretch will be known as Greater Goal Way for the duration of the FIFA Women's World Cup. HALEY RITCHIE/METRO



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BABOLAT – OFFICIAL RACKETS, STRINGS, BALLS, BAGS AND ACCESSORIES OF THE FRENCH OPEN ROLAND-GARROS



The legacy of Jacques Parizeau. **Canada**

Feds order War of 1812 tome

Exquisite book to join others naming dead



Michael Woods Metro | Ottawa

The federal government is creating a leather-bound book to remember those who died in the War of 1812, another sign that the war fought decades before Canada became a country is close to this government's heart.

A notice of proposed procurement from Public Works and Government Services Canada spells out the requirements for the book, which will list the names of the 1,636 people who died fighting for the British in the war.

The book will join the seven books of remembrance in the Memorial Chamber of the Peace Tower on Parliament Hill.

The demands in the tender are specific. The craftsmanship of the 182-page, 17-by-12-inch book "must meet the highest



Soldiers re-enact the War of 1812. The federal government wants to commission a special book on the war. TORSTAR NEWS SERVICE

standards in the trade," it says.

The cover must be composed of a "quarter binding of solid hardwood boards ... with a tanned leather or alum-tawed skin spin." And all leather used "must be prepared with archival tannage."

The names must be listed in alphabetical order, no more

Joe

Lofaro

Metro | Ottawa

than 15 per page, in two sections: "Crown Forces BNA (1,499 names) and First Nation Allies (137 names)." The text, in English and French, is

HOSPITAL PARKING WILL YOU SHELL OUT FOR VALET?

HERE'S WHAT VISITORS HAD TO SAY:

"to be inscribed in the style of 'Foundational Hand.'"

Such projects can take a while. The book commemorat-

As Metro first reported, the Ottawa Hospital has issued a request for proposals for a valet

or jockey parking service at the General, Civic and Riverside campuses. It thinks such a

who died in World War II took nearly a decade to complete.

Public Works is asking for this one to be delivered by June

The federal government has already spent nearly \$30 million to commemorate the War of 1812's 200th anniversary, including coins, re-enactments and a national monument on Parliament Hill.

"Canada's seven Books of Remembrance represent ... the highest expressions of modern workmanship and artistry," the tender says. "The craftsmanship, heraldry, illumination, calligraphy, bookbinding and leather tooling give the books a special look and quality unequalled the world over.

Four of the seven existing books of remembrance commemorate specific conflicts: World War I, World War II, the Korean War and the South African and Nile Expedition. A fifth book lists Newfoundlanders who died during the two world wars, and a sixth lists members of the Merchant Navy who died in those wars.

The seventh book lists those who died "In Service of Canada" at other times and is ongoing.

Bees find lodging at Chateau Laurier

To bee, or not to bee? The Chateau Laurier knows the

The historic downtown landmark is getting a "bee hotel" this summer, one of 16 such structures that luxury hotel operator Fairmont is building across the

country this year. That includes five at other Fairmont properties in Vancouver, Whistler, Edmonton, Winnipeg and Quebec City and 10 more in public spaces across the country in Van- couver, Calgary, To-

ronto and Halifax. Solitary pollinator bees make up 90 per cent of the bee population and are responsible for the pollination of onethird of the food we eat. Loss of habitat leaves hundreds of thousands of bees without space to nest. The bee hotels "provide

solitary bees with a safe place to rest their weary wings," Fairmont says in a release.

The hotels are the result of a partnership between Fairmont and Burt's Bees, a maker of personal-care products. It started last summer when the first bee hotel debuted at the Fairmont Royal York,

along with four others in the Toronto area. MICHAEL WOODS/ METRO



People don't come to a hospital because they want to. They come here because they're unwell. If I survive long enough ... I might do (it) because it makes it a lot easier if you have mobility issues.

service could make it easier for visitors to find parking spots.

cost to it is overkill. (I wouldn't pay), not as long as I was physically capable of walking.

Adding more

Parking is just too expensive and for what I have to pay for the parking now, it's expensive enough.





Helen Haves







Barbara Hunter

Economic Prosperity

Starting with FIFA this year, the city wants more big events and the tourist dollars they generate. The celebrations for 2017 are a large part of the plan. Other goals include getting five major events per year and maintaining average hotel occupancy by 65 per cent.

> Invest Ottawa, Events Ottawa and the Business Improvements Areas will be playing a role in increasing Ottawa's economic clout. The building and leasing of a new "Innovation Centre" is meant to bring in more opportunities in the next three years.

The Byward Market, Sparks Street and Parkdale Market will also be getting some attention. The city wants those areas to act in "an entrepreneurial manner." It'll be looking at infrastructure improvements, low-cost streetscaping and the powers of the

Healthy and Caring Communities

The already approved 10-year plan for housing and home lessness is a priority in this area. Revitalizing low-income neighbourhoods will also be a priority.

Existing projects that will continue include improving Arts Court and expanding the Ottawa Art Gallery. Parks, rinks and splash pads are to be modernized, and new subsidies will be added to make sure low-income families get a chance to play.

Also included under this goal is assessing the way taxis are regulated in the city, a direct response to the city's Uber controversy.

Service Excellence

Efficient, cheaper and just easier: it's all possible with line technology and the city wants residents to use more services online, including registering for programs and booking facilities.

The city also wants to make modest increases to its open data (10 per cent more access annually) and use social media more to promote and engage.



Ottawa's biggest priorities for 2015-2018 were presented to the finance committee Tuesday. Councillors quickly accepted the report prepared by City Manager Kent Kirkpatrick, which details 63 initiatives gathered from existing priorities, campaign promises and committee goals. There will be lots of time for discussion, detail and changes in committee meetings before the final plan is brought to council on July 8. Haley Ritchie METRO

Transportation and Mobility

The city's main transportation priority remains bringing in the light rail transit system. The city also wants an em phasis on walking and cycling, especially improvements that will complement LRT.

Plans for cyclists include improving pathways and winter biking. For those on foot, the city plans to make roads safer for pedestrians and put major funds into streetscaping along Queen Street, Nicolas Street and Rideau Street by 2017.



Sustainable Environmental Services

The city wants to balance its natural resources with planned growth. That means keeping Ottawa green by maintaining water quality in the river not increasing greenhouse gas emissions and planting

ity is coming up with a renewable energy strategy. Storm water systems also need to be retrofitted and the building of a sewage storage tunnel will lessen the sewage going into the Ottawa River.

and the city wants to work towards planting 125,000 trees each year.



Governance, Planning and Decision-Making

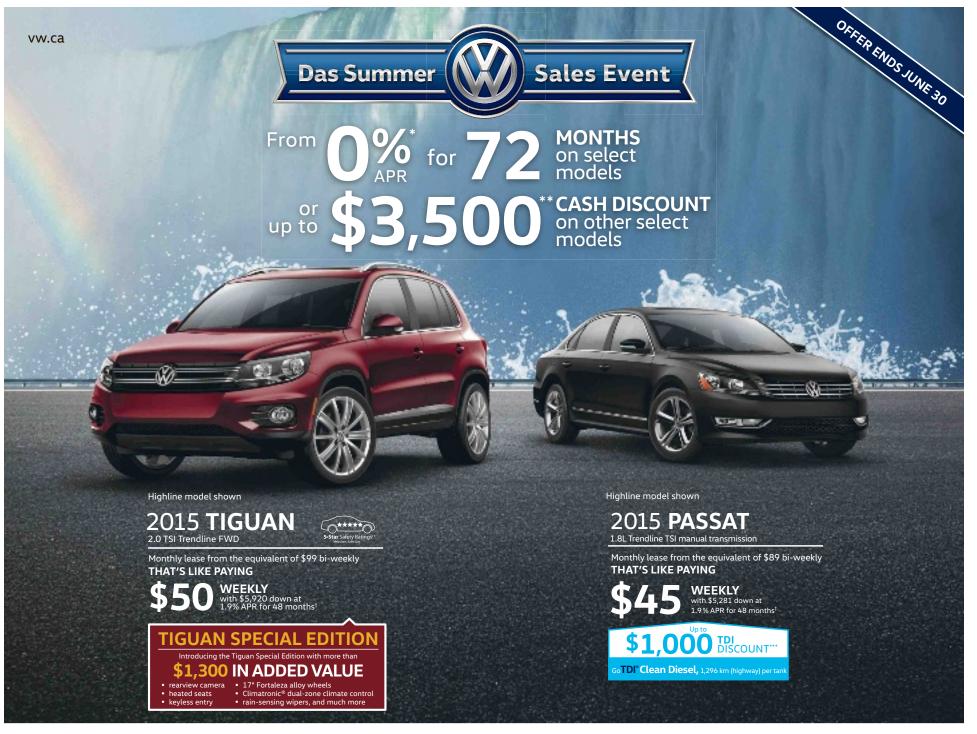
The city wants its decisions to be "democratic, engaging, and visible." That means asking for more opinions from residents on things like planning issues



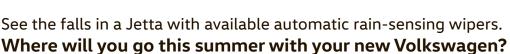
Financial Sustainability

The city wants to maintain its current deficit and surplus levels and "ensure long range planning directs the spending of tax payers' dollars." The ongoing review of the water rate structure is also included in the plan.











THAT'S LIKE PAYING







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NDP calls for apology on purges

The Canadian government should apologize officially to the hundreds of people purged from the military between the 1950s until the early 1990s because of their sexual orientation, the NDP said Tuesday.

New Democrat MP Craig Scott presented a motion calling on the military ombudsman to investigate the dismissals. It also asks for the records of those discharged to be corrected to show they served honourably.

Scott was joined at a news conference on Parliament Hill by Laurentian University professor emeritus Gary Kinsman, whose research has shown LGBT members of the military were dismissed from their jobs because of their sexual orientation.

"People were watched, followed, interrogated and purged from their jobs," Kinsman said. "This was authorized at the highest levels of the Canadian state."

Scott acknowledges the motion won't be heard before the fall election, but he wants Defence Minister Jason Kenney to ask the military ombudsman to commence an investigation.

Kinsman said an official apology "would be the first indication of a recognition of (the government's) responsibility for this wrongdoing.

Darl Wood, who was kicked out of the military in the 1970s for being a lesbian, told the news conference an official apology would be the first redress she's received after 37 years of telling her story. MICHAEL WOODS/METRO

Staffers seeking office may be sign of discontent

ELECTION 2015

'A culture of resistance' may be forming in the civil service



Michael Woods Metro | Ottawa

The record number of public servants who have asked to run in this year's federal election could

be a reflection of the discontent some bureaucrats feel toward the Conservative government, according to one expert.

Metro reported on Monday that in the past 14 months, 57 federal public servants have requested permission to seek nominations to run in this fall's federal election. That's more than triple the previous high number of applications in a single year since 2007.

University of Toronto political science professor Nelson Wiseman, who specializes in Canadian government and politics, said there could be "a culture of resistance developing in the civil service" in response to the Conservative government's treatment of bureaucrats.

"It's possible (the high number) is because there are a number of civil servants, who didn't want to have anything to do with politics, (who) have been put in political positions, or they feel that what they do has been politicized," Wiseman said.

"I suspect the overwhelming majority are not running for Conservative nominations."

Wiseman pointed to the example of Pierre Poilievre's recent video about the government's proposed new child care benefit, filmed with the help of department staff, as something that makes civil servants "increasingly upset."

"I think the organizations that support civil servants have been calling the government more to task on these things,"

Wiseman added there are more openings because this is the first time since the Conservatives took office that there have been four years between elections.

"The public service is such an unhealthy place to be right now," said Emmanuelle Tremblay, national president of the Canadian Association of Professional Employees.

Tremblay added that senior managers may feel they have less room to manoeuvre due to what she called the government's "hyper-controlling, centralized" management style.



RESIDENTIAL SCHOOLS FIRST STEPS TOWARD RECONCILIATION BETWEEN CANADA, FIRST NATIONS Residential school survivors and aboriginal women react as Truth and Reconciliation Commission chairman Justice Murray Sinclair speaks on Tuesday in Ottawa. More coverage on Page 12. ADRIAN WYLD/THE CANADIAN PRESS

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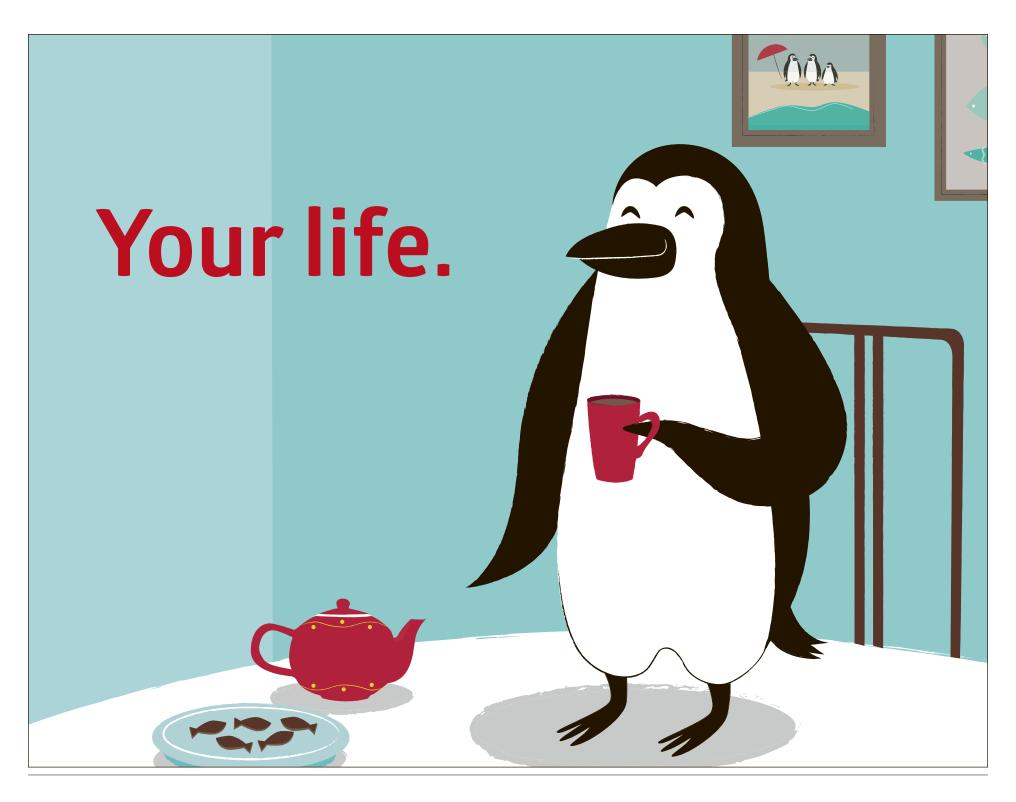
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Ontario hikes fines for phone misuse in cars

TRAFFIC

Minimum fee for distracted drivers up from \$60 to \$300

Ontario unanimously passed legislation Tuesday increasing penalties for drivers who text or use a handheld phone while on the road, and who open their door into the path of a cyclist.

The update to the Highway

Traffic Act also imposes a onemetre distance rule between motor vehicles and bicycles — "where practicable" — and will force drivers to wait until pedestrians completely cross the road at school crossings.

Using handheld electronic devices while driving has been outlawed in Ontario since 2009, except for 911 emergency calls.

Fines for distracted drivers will increase from the old range of \$60 to \$500 to between \$300 to \$1,000, plus three demerit points.



If they're going to do it, they have to understand how dangerous it is.

Steven Del Duca, minister of transportation

"If they do it, and they're caught doing it, there will be consequences," said Transportation Minister Steven Del Duca. "But if they're going to do it, they have to understand how dangerous it is, how they're putting themselves, the passengers in their car, pedestrians and cyclists, at really, really horrific risk."

A survey done in 2014 by the Centre for Addiction and Mental Health found that more than one-third of licensed Ontario students in grades 10 to 12 admitted to having texted while driving, at least once in the previous year.

THE CANADIAN PRESS



The Ontario government has passed a new law to raise the fines for distracted driving. TORSTAR NEWS SERVICE

Trial reveals campaign politics

MIKE DUFFY

Witnesses show how parties skirt rules on spending

The trial of Sen. Mike Duffy isn't about electoral laws or riding financing, but some of the witnesses offer a glimpse at how party support is built and money spent before a campaign even begins.

On Tuesday, the court heard how Duffy was dispatched by the Conservative party to a fundraiser in a Vancouver Island riding in December 2010 — in the run-up to the 2011 election.

The Conservative candidate, Troy DeSouza, explained that he had organized a holiday event to support Cockrell House, an organization that helps homeless veterans.

DeSouza testified by teleconference that he issued an invitation to 40,000 people in the riding for the December fundraiser. Although it was ostensibly a non-partisan event, he contacted the Conservative party to ask if they could provide a speaker and was thrilled to learn it would be Duffy.

"In our view he was provided to us because of the hard work done by the local team on the ground," DeSouza said.



Defence lawyer Donald Bayne. THE CANADIAN PRESS

On DeSouza's Facebook page the non-partisan approach isn't obvious. Instead it reads, "Senator Mike Duffy shows his support for Troy DeSouza at the Esquimalt-Juan de Fuca Conservative Association's Christmas Party."

At the time, Liberal MP Keith Martin was the incumbent, generally the type of person who would have organized such a community get-together.

"There was a lot of that going on, candidates were running around portraying themselves as the shadow MP, the MP-in-waiting, under the presumption that candidate would become the MP," Martin, now the executive director of a Washingon-based organization which promotes global health issues said in an interview.

Pre-writ campaign spending continues to be an issue



Suspended Senator Mike Duffy heads to court in Ottawa on Tuesday. Duffy faces 31 charges, including fraud, breach of trust and bribery. THE CANADIAN PRESS/SEAN KILPATRICK

of interest to Elections Canada. Parties can spend millions on advertising in that period, but it does not count toward their spending limits. Some candidates, meanwhile, are careful not to rent a campaign headquarters too soon, lest Elections Canada make them include the cost in their totals.

"You'd be campaigning as soon as you receive the official nomination from your party that you're the nominated candidate of record to run," DeSouza testified.

Duffy's trip to Vancouver Island was raised in court for a different reason. It figures among the charges related to travel expenses he incurred while travelling to allegedly personal or partisan events at Senate expense.

He has pleaded not guilty to 31 charges of fraud, breach of trust and bribery in connection to his Senate office, living and travel claims.

After the Cockrell House event, Duffy visited his daughter who was about to give birth in Vancouver — the real reason he flew across the country, the Crown has suggested.

Duffy's lawyer Donald Bayne emphasized two things when it comes to Duffy's travels — the Senate rules didn't prohibit trips to partisan events and during his travels he actually engaged in public business.

"He appeared in his senatorial capacity?" Bayne asked DeSouza.

"He did," DeSouza replied.
"This wasn't a private personal event for the Duffy family?" Bayne continued.

Said DeSouza: "You could never get a more public event than this. To this date, I'd be surprised if any campaign or organization would invite the entire riding to an event."

around portraying themselves as the shadow MP.

Liberal MP Keith Martin

Candidates were running

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CANADA'S L'AVENIR DU CANADA DANS L'ESPACE L'ESPACE

SPACE TO BOLDLY GO Industry Minister James Moore, flanked by Canadian astronaut David Saint-Jacques during a news conference in Ottawa on Tuesday, announces Canada's commitment to fly two Canadian astronauts in space by 2024. FRED CHARTRAND/THE CANADIAN PRESS

Pride festival producer quits

LGBTO

Talks already underway with potential candidates



Joe Lofaro Metro | Ottawa

Capital Pride is scrambling to find someone to fill a key position for this year's 30th anniversary event after the festival producer quit last month.

Mauricio Olivares handed in his resignation letter to Capital Pride on May 22, citing health reasons, according to lead organizer Tammy Dopson. He accepted the position in late April.

His departure did not come as a surprise, she told Metro.

"We knew he had been unwell for a couple of weeks,"



No good organization rests on one person. We hired well. We set up well.

Capital Pride lead organizer Tammy Dopson

she said.

The festival is about two months away and the resignation will be another hiccup for the group running this year's show after last year's bankruptcy troubles.

Dopson said she will discuss the festival producer position at a news conference on Thursday, which she said was already in the works before Olivares' resignation.

But she maintains Olivares parting ways with Capital Pride will not be a setback for the festival and she is already in talks with a few people who are interested in filling the festival producer position

"No good organization rests on one person. We

hired well. We set up well," she said.

Organizers and the community advisory committee are also expected to announce more details about the event on Thursday, including the overall vision of this year's festival, the proposed route for the Aug. 23 parade, and upcoming Pride events.

"The people at the table are there for all the right reasons," said Dopson.

"We truthfully are just trying to organize a really good party for the 30th anniversary because this town deserves it."





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NEWS

'Urgent' need for reconciliation

COMMISSION

Government pursued policy of 'cultural genocide'

The residential schools that removed aboriginal children from their homes, subjecting many of them to substandard education, malnutrition, abuse, illness and even death was a key part of a government-led policy that amounted to cultural genocide, the Truth and Reconciliation Commission concludes.

"These measures were part of a coherent policy to eliminate Aboriginal people as distinct peoples and to assimilate them into the Canadian mainstream against their will," says the 381page summary of its final report released Tuesday in Ottawa.

"The Canadian government pursued this policy of cultural genocide because it wished to divest itself of its legal and financial obligations to Aboriginal people and gain control over their land and resources," says the report.

The heart-wrenching and damning report is the culmination of a six-year examination of the history and legacy of resi-

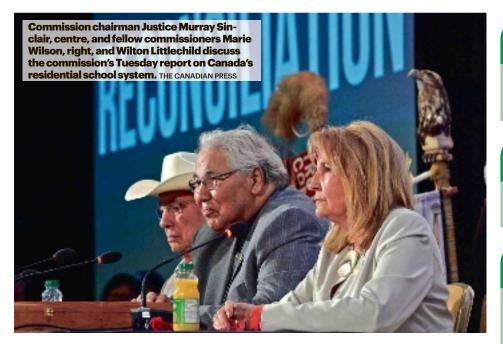
dential schools — largely operated by churches and funded by the Canadian government — that saw 150,000 First Nations, Métis and Inuit children come through their doors for more than a century.

The exercise has been "a difficult, inspiring and very painful journey for all of us," said Justice Murray Sinclair, Canada's first aboriginal justice and the commission's chairman.

"The residential school experience is clearly one of the darkest most troubling chapters in our collective history," Sinclair told a packed news conference Tuesday in Ottawa.

Through the testimony of residential school survivors, former staff, church and government officials and archival documents, the Truth and Reconciliation Commission pieced together a horrifying history that, despite its ripple effects, has been repeatedly dismissed or ignored.

It also describes how the legacy of residential schools continues, not only through the direct effect that generations of institutionalization and abuse has had on survivors and their families, but how it is manifested in racism, systemic discrimination and poverty, as well as dying indigenous languages. TORSTAR NEWS SERVICE



(3)

I saw violence for the first time.
I would see kids getting hit.
Sometimes in the classrooms, a yardstick was being used to hit ...
We never knew such fear before.

Rachel Chakasim, who was schooled in Fort Albany, Ont.

QUOTES SOURCE: THE CANADIAN PRESS



They just gave me a number ... And it was No. 16 and I'll never forget that number.

Lorna Morgan

150K

The number of children estimated to have gone through the residential school system.

80,000

Estimated number of living residential school survivors.

3,200

The number of cases in the National Residential School Student Death Register, although the number of deaths is believed to be in excess of 6,000.

1996

The year the last school closed.

NUMBERS SOURCE: THE CANADIAN PRESS



HIGHLIGHTS OF THE COMMISSION'S REPORT

The Truth and Reconciliation Commission put forward 94 recommendations to address the continuing legacy of the residential school system, improve the plight of Aboriginal Peoples and restore relations between them and other Canadians. Here are a few highlights. TORSTAR NEWS SERVICE



Boys in a classroom at St. Anne's Indian Residential School in Fort Albany, Ont. ${\tt CONTRIBUTED/ALGOMA~UNIVERSITY}$

CHILD WELFARE

Governments should work to reduce the number of aboriginal children in care as well as set national standards. They should also fully implement Jordan's Principle to help resolve jurisdictional disputes. This would mean that for services that are only available off-reserve, any government department first contacted would pay for it first and seek reimbursement from the responsible department later.

2 EDUCATION

Repeal Section 43 of the Criminal Code, which allows corporal punishment, even by schoolteachers, implement new federal legislation on aboriginal education and eliminate discrepancy in federal funding for First Nations children.

3 LANGUAGE & CULTURE

The federal government should acknowledge that aboriginal rights include language rights. Post-secondary institutions should develop programs in aboriginal languages and survivors who had their names changed should have fees waived if they wish to change their government-issued identification back to their birth names.

4 JUSTICE

The federal government should work with aboriginal organizations to call a public inquiry into missing and murdered indigenous women and girls, review and amend statues of limitation for historical abuse against aboriginal people, as well as work to eliminate the overrepresentation of aboriginal people in custody.

Ex-Quebec premier Parizeau remembered

Former premier Jacques Parizeau will have a state funeral and the province will rename the Caisse de depot's headquarters after "one of Quebec's great builders," Premier Philippe Couillard said Tuesday.

Funeral details will be announced later, but Couillard indicated Parizeau left behind

very detailed instructions for his last rites. Parizeau's longtime wife, Lisette Lapointe, announced the death on her Facebook page Monday night, saying the sovereigntist icon had passed away after a "titanic fight" with an undisclosed illness.

Couillard paid tribute to Parizeau, calling him a "very sincere

and honest man, deeply convinced of his own ideas."

The depiction of Parizeau, 84, as the man who nearly engineered Quebec's departure from Canada with the 1995 sovereignty referendum was not what he should only be remembered for, the premier said.

Current Parti Québécois Lead-

er Pierre Karl Peladeau said the entire province is in mourning following the death of the man who held that same job between 1988 and 1996.

Prime Minister Stephen Harper was among several federal and provincial politicians who posted tweets to express their sympathy.

THE CANADIAN PRESS

IN BRIEF

B.C. duo found guilty of terror plot

A British Columbia couple has been found guilty by a jury of plotting to set off handmade pressure-cooker bombs at the provincial legislature two years ago.

The panel convicted John Nuttall and Amanda Korody

of conspiracy to commit murder and possession of an explosive substance on behalf of a terrorist group.

The conviction won't be entered until next week, after the defence has a chance to argue that police entrapped the couple.

metr
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FIFA president's 17-year rule tainted by scandal

SOCCER

Sepp Blatter could be a target of U.S. investigators

The end for Sepp Blatter came suddenly, just days after he had seemingly solidified his hold on FIFA.

The 79-year-old leader of the world's most popular sport defied global animosity last week to win four more years in office. But his re-election only increased the pressure from colleagues, sponsors, athletes and fans for Blatter to step down as FIFA's president.

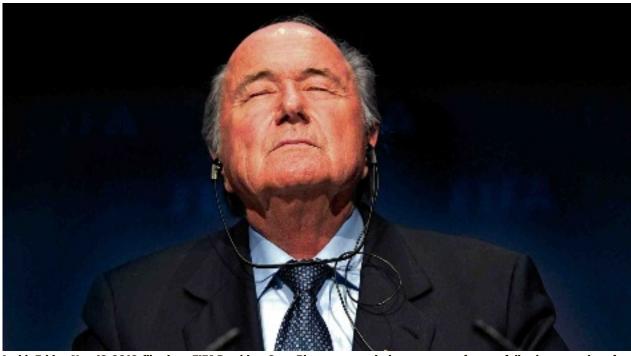
At a hastily arranged news conference Tuesday, Blatter announced he would leave office within months and called for a fresh election to appoint a successor.

"I cherish FIFA more than anything and I want to do only what is best for FIFA and for football," said Blatter, who could still be a target of U.S. investigators delying into decades of corruption and bribery accusations against FIFA officials.

After generations under Blat-



The U.S. Department of Justice indicted 14 men last Wednesday. The Swiss attorney general said Blatter was not under investigation in Switzerland, but authorities said last week they have opened a criminal probe into the 2018 and 2022 World Cup bidding votes.



In this Friday, Nov. 19, 2010, file photo FIFA President Sepp Blatter pauses during a press conference following a meeting of the executive committee in Zurich, Switzerland. FIFA President Sepp Blatter will resign from soccer's governing body amid a widening corruption scandal and promised Tuesday to call for fresh elections to choose a successor.

STEFFEN SCHMIDT/KEYSTONE VIA THE ASSOCIATED PRESS FILE

ter and his mentor, Joao Havelange, the announcement left FIFA without a leader and without a clear course forward. It sets off a global power struggle for control of the organization as a criminal investigation intensifies.

A strained and serious Blatter read a six-minute statement in French before exiting without taking questions.

Blatter had been defiant and feisty in the same room on Saturday, fending off questions about FIFA's battered reputation and the chance he could be arrested.

His mood had changed in the 24 hours before his announce-



It was a difficult decision, a brave decision, and the right decision.

Michel Platini, president of European body UEFA

ment, Blatter aide Walter Gagg told The Associated Press.

A federal indictment last week detailed apparent bribes from a FIFA account totalling \$10 million to senior officials for voting South Africa as the 2010 World Cup host. Late Monday, reports laid a clearer trail of complicity to the door of FIFA headquarters, if not Blatter himself.

"We know that in the last 48 hours he was thinking of the fu-

ture and perhaps what happened in the last hours, this gave him the conviction," Gagg, a longtime confidant of Blatter, told the AP in a telephone interview.

"We had lunch with him yesterday (Monday). He was relaxed he was fine," Gagg said. "I had a very good meeting with him early in the morning (today). Then came the different information from the U.S. with this and that"

The South African angle threatens to tarnish memories of a bid campaign that brought Nelson Mandela to Zurich for the winning vote in 2004.

At risk also is the legacy of a World Cup that was an organizational triumph for FIFA and South Africa, and bolstered Blatter's reputation as a friend of Africa whose loyalty stood firm in Friday's election.

Even before the election, Blatter's ability to travel to the U.S., or other countries where the Swiss national risked arrest and extradition, had become a distracting story.

THE ASSOCIATED PRESS

UNITED STATES

Congress approves changes to surveillance laws

Congress approved sweeping changes Tuesday to surveillance laws enacted after the Sept. 11 attacks, eliminating the National Security Agency's disputed bulk phone-records collection program and replacing it with a more restrictive measure to keep the records in phone companies' hands.

Two days after Congress let the phone-records and several other anti-terror programs expire, the Senate's 67-32 vote sent the legislation to President Barack Obama, who said he would sign it promptly.

"It protects civil liberties and our national security," Obama said on Twitter. The bill signing could happen late Tuesday or early Wednesday, but officials said it could take at least several days to restart the collection.

The legislation will revive most of the programs the Senate had allowed to lapse in a dizzying collision of presidential politics and national security policy. But the authorization will undergo major changes, the legacy of agency contractor Edward

Snowden's explosive revelations two years ago about domestic spying by the government.

In an unusual shifting of alliances, the legislation passed with the support of Obama and House Speaker John Boehner, R-Ohio, but over the strong opposition of Senate Majority Leader Mitch McConnell. McConnell failed to persuade the Senate to extend the current law unchanged, and came up short in a last-ditch effort Tuesday to amend the House version.

THE ASSOCIATED PRESS



Man under surveillance by terrorism investigators pulls knife and is shot dead

A man under 24-hour surveillance by terrorism investigators was shot and killed outside a pharmacy Tuesday after he lunged with a knife at a city police officer and an FBI agent, police said. Police Commissioner Williams Evans said members of the Joint Terrorism Task Force approached 26-year-old Usaama Rahim to question him about "some terrorist-related information" when he came at officers with a large military style knife. The Boston FBI office would not say why Rahim was under surveillance, but Evans said a "level of alarm" prompted authorities to try to question him.

CHIN

Hundreds missing from ship

As the Eastern Star cruise ship listed heavily amid pounding rain on the Yangtze River, tour guide Zhang Hui told a colleague, "Looks like we are in trouble."

The vessel capsized in the storm Monday night with 458 people aboard, touching off a frantic rescue effort. At least 15 people were brought to safety, including three pulled from the overturned hull Tuesday, and five people were confirmed dead, the official Xinhua News Agency reported.

The vessel was carrying mostly elderly tourists from Nanjing to the southwestern city of Chongqing when it overturned in China's Hubei Province.

Divers rescued a 65-year-old woman and, later, two men who had been trapped, state broadcaster CCTV reported. It said more people had been found and were being rescued, but did not say whether they were still inside the overturned hull.

CCTV video showed rescuers in orange life vests climbing on the hull, with one of them lying down tapping a hammer and listening for a response, then gesturing downward.

"We will do everything we can to rescue everyone trapped in there, no matter they're still alive or not, and we will treat them as our own families," Hubei military region commander Chen Shoumin said at a news conference shown live on CCTV.

The survivors included the ship's captain and chief engineer, both of whom were taken into police custody, CCTV said. Relatives who gathered in Shanghai, where many of the tourists started their journey by bus, questioned whether the captain did enough to ensure the passengers' safety and demanded answers from local officials in unruly scenes that drew a heavy police response.

Xinhua quoted the captain and the chief engineer as saying the four-level Eastern Star sank quickly after being caught in what they described as a cyclone. The Communist Party-run People's Daily said the ship sank within two minutes.

Zhang, the tour guide, said in an interview with Xinhua from his hospital bed that he grabbed a life jacket with seconds to spare as the ship listed in the storm, sending bottles rolling off tables and suddenly turned all the way over. The 43-year-old said he drifted in the Yangtze all night despite not being able to swim, reaching shore as dawn approached.

Some survivors were rescued after search teams climbed on the upside-down hull and heard people yelling for help from within. THE ASSOCIATED PRESS

14 Wednesday, June 3, 2015 Business Metr®NEWS

U.S. FOOD AND DRUG ADMINISTRATION

Safety still an issue with 'female Viagra'

The makers of a pill intended to boost sexual desire in women will try again this week to persuade regulators that the drug warrants approval, following two rejections.

But a new review released by the Food and Drug Administration shows government scientists still have concerns about whether the drug's benefits outweigh its risks. The FDA review highlights several safety issues with flibanserin, includ-

MONTRÉAL

QUÉBEC CITY

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SUDBURY

THUNDER BAY

ing low blood pressure and fainting spells. Those problems increased when patients combined the drug with alcohol and some other medications, according to the document.

A panel of FDA experts will discuss the drug at a public meeting Thursday, before voting on whether to recommend its approval.

For decades, drugmakers have tried unsuccessfully to develop a female equivalent to Viagra, the drug that treats men's erectile dysfunction by increasing blood flow. But disorders of women's sexual desire have proven resistant to drugs that act on blood flow, hormones and other simple biological functions.

Supporters of Sprout Pharmaceutical's drug say women's sexual disorders have been long overlooked by the FDA. But critics argue that drug development efforts like Sprout's med-

icalize women's sexual problems, which are often related to stress, relationship issues and other life circumstances.

"There are certainly women who have low libido and are distressed by it," says Dr. Adriane Fugh-Berman, an associate professor at Georgetown University. "But for those women therapy is the best solution, because this is not a medical disease."

THE ASSOCIATED PRESS

flyporter.com



APPLE 'SMART' HOME GADGETS GO ON SALE Apple senior vice-president of Software Engineering Craig Federighi introduces the Apple HomeKit app at last year's Apple Worldwide Developers Conference. The first "smart" home gadgets that can be controlled by Apple's voice-activated digital assistant are going on sale this week, just days after rival tech giant Google announced its own software for Internet-connected home appliances and other gadgets. THE ASSOCIATED PRESS FILE

can be controlled by Apple's Voice-activated digital assistant are going on sale this week, just days after rival tech giant Google announced its own software for Internet-connected home appliances and other gadgets. THE ASSOCIATED PRESS FILE

Big Tobacco not off hook

SMOKING

Quebec ruling boosts hopes for provinces' \$120B lawsuits

A "devastating" court decision in Quebec against three major Canadian tobacco companies could provide a boost to provinces seeking to recoup health-care costs from tobacco companies.

All provinces have filed medical cost recovery lawsuits to go after so-called Big Tobacco for health-care costs stemming from smoking-related disease.

The provinces are seeking about \$120 billion collectively and the favourable Quebec ruling will reverberate Canadawide, said Rob Cunningham, a lawyer and senior policy analyst at the Canadian Cancer Society.

On Monday, a Quebec Superior Court Justice awarded more than \$15 billion to Quebec smokers who had filed class-action lawsuits nearly 17 years ago.

Justice Brian Riordan's 276page ruling dealt what Cunningham called "a massive, devastating victory against the tobacco industry." All three firms — Imperial Tobacco, Rothmans, Benson & Hedges and JTI-Macdonald — immediately announced their intention to appeal.

"It's the first time in court, in Canada, they've had to defend and be accountable for their actions over decades and the court found they were liable for \$15.5 billion," said Cunningham.

The Quebec case was distinct from suits launched by the provinces, but many of the arguments in the cases overlap.

The Quebec action put a mountain of evidence at the provinces' disposal: Tens of thousands of pages of documents and testimony heard over more than two years of hearings are available to them.

No trial dates have been set in those provincial recovery suits, which — unlike in the Quebec case — aim to go after the foreign-based parent companies of the Canadian tobacco firms.



Walmart raising wages

Walmart is raising starting wages in the U.S. for more than 100,000 department managers and workers in its deli and other specialized departments. In February, it announced it was increasing minimum wages for entry-level and long-term hourly employees. THE ASSOCIATED PRESS

market minute



DOLLAR 80.59¢ (+0.81¢)



TSX 15,104.74 (+30.61)



OIL \$61.26 US (+\$1.06)



GOLD \$1,194.40 US (+\$5.70)

NATURAL GAS: \$2.698 US (+4.9¢) **DOW JONES:** 18,011.94 (-28.43)



New bookings only. Book by 11:59 pm Eastern Time June 3, 2015. Travel by September 17, 2015. Up to 21 day advance purchase required. Discount does not apply to Atlantic Canada. Atlantic Canada is up to 30% off base fares. Discount is not applicable for travel between June 26 - 28, July 1 - 5, July 31 - August 4, and September 3 - 8, 2015. Discount may not be available on flights between 4:00 PM and 8:00 PM on Thursday, Friday and Sundays. This offer may not be available for the entire travel period. Discount is not applicable on itineraries that include a partner airline flight segment. Discount applies only to the regular base fare and does not apply to fees, taxes or surcharges. Full fare breakdown available for all itineraries on flyporter.com. Fares include all applicable government-imposed taxes and mandatory fees, which may amount to as much as \$150 one-way per passenger, depending on routing. Foreign taxes will fluctuate based on the prevailing exchange rate. Fees for optional services, such as itinerary changes, additional baggage, advance seat selection, or certain special service requests, may increase overall cost. Fares are non-refundable but itineraries may be changed for a fee of up to \$200 per person per direction, plus any fare differential. Other significant conditions (including a \$35 first-checked bag and \$45 second-checked bag fee, and charges for overweight and/or excess baggage) may change without notice and are not guaranteed until tlicketed. Visit flyporter.com for more information. In case of any discrepancy between advertised fares and the fares shown on the website at the time of booking, the latter shall prevail.

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Your essential daily news

THE BIG
THING:
DRIVERLESS
CARS —
REVOLUTION OR
RISKY MOVE?

Bump on the road
Security firm MSi says
hackers could wirelessly
disrupt a self-driving car's
sensors, causing it to
accelerate instead of brake,
for example. Today's systems
aren't designed to respond.

The driverless car may be only a few years away from a highway near you. But now two U.S. companies working

Ready to ride
Last month Google
announced testing
of its self-driving
cars on California
roads. MercedesBenz and Apple are
working on similar
prototypes. You
might be able to
own one as early as

highway near you. But now two U.S. companies working with the University of Virginia and the Pentagon have shown that it may be easier than once thought to hack the vehicles' auto-piloting computer systems — a vulnerability with potentially deadly consequences.

ENCE FRANCE-PRESS

Preparing for the worst Manufacturers have tried to mitigate the risk of cyberattacks. Google, rumour has it, has an elite team of hackers looking for ways to mess with its cars' system.

Even without meat, the food future looks tasty

Stephanie Orford



The costs of a meat-heavy diet are becoming apparent.

Beef prices are climbing. The average price of regular ground beef rose 41 per cent between April 2012 and April 2015, according to Statistics Canada. And Canadian meat prices are set to remain high for years to come, a Guelph, Ont.-based food industry analyst said Monday.

The problem is going to affect us all. The world population is projected to reach nine billion by 2050, and demand for meat is set to increase worldwide, especially in Asia. Animal products make up 20 per cent of the human diet on average worldwide.

But meat consumption is going to have to drop to five per cent of our diets if we're going to feed everyone — not rise, as the trends suggest will happen.

To lead the world by living within our environmental means, Canadians need to say goodbye to meat and hello to vegetable-based protein sources.

Beef is the biggest agricultural contributor to greenhouse gas emissions and environmental degradation. Raising beef generates six times more greenhouse gas per unit of protein than pork, chicken, or eggs.

Meat alternatives in stores and restaurants are becoming more popular, healthier and tastier, and they're much better for the environment.

Cultured meat, for instance, is estimated to produce 96 per cent less greenhouse gas and at least 82 per cent less water than livestock. And no more grazing means land can be freed up for growing more sustainable crops.

The first lab-grown burger,

cultured from cow muscle cells, was produced in 2013 by a lab from Maastricht University in the Netherlands, funded by Google's co-founder Sergey Brin. In March a Tel Aviv University lab unveiled its project to grow chicken muscle tissue using a similar technique.

Lab meat isn't cheap — that first burger cost about \$300,000 US — but the price has already dropped to about \$12. It looks like it won't be available at your local burger joint for at least 20 years, however.

Meanwhile, other companies are finding ways of creating meat and egg alternatives that taste good and are relatively inexpensive to produce. And those are on the market now.

Californian food-tech company Hampton Creek created a replacement for egg using proteins from yellow peas and a variety of sorghum, which they use in their cookies and mayo. To lead the world by living within our environmental means, Canadians need to say goodbye to meat and hello to vegetable-based protein sources.

They're making sustainable alternatives to animal products at competitive prices.

Unlike the sawdust-like veggie burgers of decades past, these products are designed to be delicious. This is the future of our meatless diets, and it actually looks pretty tasty.

Stephanie Orford is a Vancouver-based writer. The Science appears every other Wednesday.

ROSEMARY WESTWOOD

Wednesday, June 3, 2015

metroview

Reconciliation calls on all of us to help heal our country

What can I do?

That's the question for all of us, now that the Truth and Reconciliation Commission has released its final, exhaustive and damning report.

It finds the government and churches committed cultural genocide through the residential school system, and the legacy has been devastating.

ing.
"We fed our experiences to our children," as one survivor described the ripple effect of the horrors.

Poverty, higher rates of incarceration, children in state care and violence against aboriginal women: The commission's report calls for specific efforts to end all of these.

It also calls on each of us to learn the truth about residential schools and accept our role in healing our country. It's clear we have work to do.

In 2013, 60 per cent of Canadians felt aboriginal people bring their problems on themselves, according to an Ipsos Reid survey.

It's time to ask: Whose history have we been fed? Whose prejudices do we still carry? What can we do to end institutionalized racism?

The indigenous and non-indigenous communities "have to support one another," Andrea Chrisjohn, of the Toronto Council Fire Native Cultural Centre, told me. "How do we come up with solutions instead of just saying 'It's not

ny problem'?

As commissioner Marie Wilson said, we can take the stories of abuse and loss into our hearts. We can use them as a new window through which to see our own history.

We can also educate ourselves. We can learn what treaty land or traditional territory we live on, suggested Michael Redhead Champagne, a Winnipeg activist and founder of Aboriginal Youth Opportunities.

"Do you know the history?" he asked, of place names like Dakota and Toronto, which have indigenous origins?

We can amplify the voices of local activists, he added, and write letters supporting them to elected officials or the media.

We can also call our local Aboriginal Friendship Centre — they are in many Canadian cities — and ask how we can help out, Chrisjohn said.

And I'll add: We can make aboriginal issues a part of our vote this fall.

The next government will play a key role in determining the success of this commiscion's work

The report can gather dust on a shelf, or it can galvanize broad societal change. The first would perpetuate cultural superiority. The second would lead us closer to good it.

Vote for the one you think is right.



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Wednesday, June 3, 2015

6 SUPERFOODS THREATENING OUR PLANET

When it comes to eating right, there's more to chew over than how our bodies can benefit

MATT KWONG/FOR METRO LIFE@METRONEWS.CA

Superfoods might be the heroes of the healthy-minded cook, but a growing chorus of environmental advocates is sounding off about their potentially destructive ecological consequences.

The latest wonder ingredient turned villain? The almighty almond, which has drawn the ire of water conservationists for draining California's lands amid an ongoing drought.

Long championed for its antioxidant properties, cholesterol-lowering powers and high protein and vitamin E con-

tent, the humble almond is a deceptively high-maintenance crop, demanding about 3.8 litres of water (a gallon) per nut.

California almonds consume 4.06 trillion litres of water every year, making the state's almond industry more water-intensive than the indoor water usage of families in the Golden State.

Even so, almonds are far from the only nutrient-loaded snack with a dubious ecological footprint.

BLUEBERRIES

Claimed health benefits: Antioxidant-packed with

Antioxidant-packed with vitamins K and C, potassium, and an excellent source of fibre, which helps lower risk of heart disease

Environmental impact: U.S. blueberries are listed

among Environmental Working Group's produce items with high pesticide residue. Chemical spraying contaminates soil and can

degrade soil quality
Where it grows: North
America and South
America. The U.S. is the
world's largest producer

Popularity: The U.S. exported \$145.7 million in fresh blueberries in 2012, up 17 per cent from 2011, according to the Agricultural Marketing Resource Center. Canada was the biggest customer



ALL PHOTOS ISTOCK

RED PALM OIL

Claimed health benefits: Rich in vitamin E, antioxidant properties, carotenes and palmolein, which has been promoted as a fat-burning micronutrient

fat-burning micronutrient

Environmental impact: Mass deforestation of tropical forests in West Africa and Central America to make way for oil palm plantations has led to loss of habitats for endangered species

Where it's produced: Africa, South America and South Asia

Popularity: About 57 million tonnes of palm oil was consumed worldwide in 2013, according to the Roundtable on Sustainable Palm Oil

TOFU/SOY-BASED

Claimed health benefits:

Good source of protein, lowers cholesterol **Environmental impact:** High energy output

from factories for treating, processing and forming soybeans into slabs of tofu **Where it's grown:** Soybeans grown in China, U.S.

Popularity: Global soy production in 2012 was 270 million tonnes, up from 130 million tonnes in 1996



THE DIRTY DOZEN

Environmental Working Group's 2015 rankings of popular produce with the highest pesticide residue.

1 Apples
2 Peaches
3 Nectarines
4 Strawberries
5 Grapes
6 Celery
7 Spinach
8 Sweet bell peppers
9 Cucumbers
10 Cherry tomatoes
11 Snap peas,
imported
12 Potatoes

SOURCE: EWG.ORG

GREEK YOGURT

Claimed health benefits: Low in fat, high in calcium and vitamin B12, packed with probiotics to aid digestion Environmental impact: Greek yogurt owes its thick consistency to straining, but the process leaves an "acid whey" byproduct that is difficult to dispose of. Acid whey can pollute waterways and risks harming marine life Where it's produced: Originally Central Asia and the Middle East, now mostly U.S.

Popularity: Commanded 49 per cent of the U.S. yogurt market in 2014, up from one per cent in 2007



COCONUT WATER

Claimed health benefits: Rich in potassium, boosts hydration, low in calories

Environmental impact: Transportation and burning of fossil fuels is the major contributor to coconut water's ecofootprint, as the liquid from young coconuts must be shipped from southeast Asia. Chemical fertilizers to meet growing demand also degrades soil Where it's found: Primarily the Philippines, Indonesia, India

Popularity: Sales of top brands hit nearly \$400 million in North America in 2013, up from about \$150 million in 2011, according to Euromonitor

FARMED ATLANTIC SALMON

Claimed health benefits: High omega-3 content, fatty acids associated with lowering risk of heart disease

Environmental impact: Wild salmon stocks are unsustainable. Farm-raised salmon threaten oceans due to expulsion of waste from overcrowded pens as well as spread of sea lice. The farm-raised salmon industry also interrupts natural biodiversity

Where they're raised: In Canada, Atlantic and Pacific coasts
Popularity: Farmed salmon consumption tripled to more than 110 million kilograms a year in the U.S. in 2010, up from about 3 million kilograms a year in the 1980s according to the Atlantic Canada Fish Farmers Association



URBAN GARDENING

If you grow your own

City-grown vegetables are likely safe to eat, according to a new study, published in the Journal of Environmental Quality, that takes a look at the popular practice of urban gardening.

Nearly all the vegetables grown in the experiment had low contaminant levels.

While root crops could absorb enough lead to dip into the red zone of safety standards, this shouldn't keep urban gardeners from growing them, says Ganga Hettiarachchi of Kansas State University.

Cleaning is the first important step in ousting the toxins from your city-grown veggies.

"Thorough washing is definitely the key," says the agrono-

"Soap isn't even really necessary if you wash all of the visible soil off with water in your kitchen. The main point is to make sure you're not eating soil."

THE **CLEAN 15**

Environmental Working Group's 2015 rankings of popular produce with the lowest pesticide residue.

- 1 Avocados
- 2 Sweet corn 3 Pineapples
- 4 Cabbage
- **5** Sweet peas, frozen
- **6** Onions 7 Asparagus
- 8 Mangos
- 9 Papayas 10 Kiwi
- 11 Eggplant
- **12** Grapefruit
- 13 Cantaloupe **14** Cauliflower
- 15 Sweet potatoes

WINE VS. BEER THE BEST BEVERAGE TO LEVERAGE YOUR ECO-FRIENDLY FOOD

ures of eating well is enjoying wine or beer with a meal. But which drink is the more environmentally sustainable beverage?

We asked Tony Aspler, the Wine Guy, and he says wine comes out

Producing beer is much more energy involved, says the wine expert.

It demands a lot of neating. Wine is a much more natural phenomena," says Aspler. "Grapes are harvested and either fermented with natural yeast or inoculated veast.

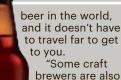
Aspler recommends buying from a local winery whose farming practices are sustainable.

"Look for organically made wines and wineries that are certified bio-dynamic, like Southbrook," Aspler says.

And if you're wondering what to look for when buying an environmentally friendly Canadian brew,

ry of Ecotone Productions and the founding director of **Brewers Plate** Toronto, says, "The simple answer is, buy local

"Ontario craft brewers make some of the best



brewers are also sourcing local organic ingredients. It turns out we grow amazing hops in Ontario." HENRIETTA WALMARK/METRO

EATING LOCAL AND IN-SEASON ONE EASY WAY TO LESSEN THE ECO-FOOTPRINT OF YOUR DIET

Locally produced food is fresher, which translates to higher nutrient levels, and eating in-season ensures variety in our diet. Eating local and in-season is also easier on the grocery bill. Here Metro offers a few suggestions for some of Canada's largest centres LIZ BROWN/METRO

LOCAL DEFINED The Canadian Food Inspection Agency defines **PINK SALMON** local as "food produced "They are bountiful and in the province or territory environmentally sustainable," in which it is sold, or food says Sonia Strobel of Skipper sold across provincial **FIDDLEHEADS** Otto's Community Supported borders within 50 km of Fishery in Vancouver. Pink The furled fronds of young the originating province salmon's summer run, which ferns are harvested in or territory." passes through southern forested areas around Vancouver Island, averages Winnipeg during the spring. eight to 10 million fish. "When people buy fiddleheads, they are encouraging farmers to keep the areas where these beauties grow," says Erin Crampton of Crampton's Loved by health foodies everywhere for Market in Winnipeg. its high iron and vitamin K content, kale is a locally grown superfood you can consume guilt free. On the East Coast, it can be harvested year-round **ASPARAGUS** with the use of a cold Asparagus is packed with vitamin K and folate. With a growing season that **SPINACH** spans May and June, the Iron-packed spinach is appearance of locally grown locally grown in Alberta from asparagus is a sure sign June to October. Be sure to warm weather has select organic as spinach is arrived in Ontario. one of the vegetables on the Dirty Dozen list.

Guess how many showers you would have to give up for a burger

If you're a junk food aficionado, don't sit there too smugly thinking that this page is payback for all the times health food fans have lectured you about your lacklustre diet.

On top of polluting your body, your meals are equally ecologically damaging, especially when it comes to water consumption.

The burger, that sacred symbol of fast-food binging, is also a big water hog.

There are the beef cows that need watering, the thirsty tomatoes and lettuce, and all those wheat crops that need to be grown to make the buns that bookend the patty.

In fact, The Water Brothers, Alex and Tyler Mifflin, whose water conservation show airs on TVO and online at waterbrothers.ca, told Metro that one of the most powerful things diners can do for water resources around the world is cut down

on their consumption of meat and dairy products.

According to Alex, meat and dairy production eats up about 30 per cent of global freshwater demand.

"We're not saying you have to become a vegetarian, but just replacing a couple of meatbased meals with vegetarian proteins can have a big impact on cutting down on water use and water pollution," says Alex. LIZ BROWN/METRO



To put it in perspective, 2,400 litres of water could supply you with two months of showers.



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Not everyone can look like Chris Hemsworth. A recent U.K. poll shows many men feel uncomfortable when the shirts come off.

Beach bod anxiety not just a girl thing

Poll finds one third of men feel a pressure to look good

The furor over a recent ad campaign by weight loss supplement Protein World that asks: "Are you beach body ready?" highlighted just how polemic a topic body image is for women. But it turns out men can also feel self-conscious about stripping down to their bathing

According to a poll by the

STILL, WOMEN HAVE IT HARDER

The survey results were even more dramatic for the women polled, with just three per cent of female respondents describing themselves as "happy" with their bodies, and a huge 39 per cent admitting they would feel "unconfident" wearing

market research app OnePulse, only eight per cent of men feel "very happy" with their bodies, while 11 per cent are unhappy with their physique and a further 11 percent claim they "hate" the way they look.

And while 22 per cent say they don't feel any pressure to have the perfect figure, almost one third of respondents (29 per cent) feel the pressure to look good thanks to women. It seems male pride has much less influence when it comes to looks, with only 16 per cent claiming to feel the heat from other men.

The news flies in the face of the recent "Dad Bod" phenom-

enon, which saw "everyday men" gain sex appeal in the eyes of the media and womankind for their "non-threatening" and "cuddly" physiques. Yet despite feelings of dis-

satisfaction, some 20 per cent of men claim to lack the motivation to "work on their body." With summer around the corner, 33 per cent are willing to dig out their gym gear ahead of beach season, while 22 per cent have the impetus to take care of their physiques all year round.

The poll surveyed 400 males and 500 females aged between 16 and 65 from all around the

Thinking outside the bento box

WORD OF MOUTH Theresa Albert myfriendinfood.

If your favourite Japanese restaurant has bento boxes, that's delightful for a Wednesday lunch. However, contemporary Japanese cuisine has raised the bar. Kasa Moto opened its doors in Toronto's Yorkville this week and executive chef Michael Parubocki hopes some of his staff's exquisite attention to tradition while welcoming innovation will set the pace. Here's what's next:

• House-made soy sauce. The choices are no longer "salty" or "watered down salty." This artisan liquid takes up to six months of fermenting for each batch.

• Burdock root. This root vegetable hailing from Jerusalem is crisp and pungent. It is usually blanched and then pickled or otherwise dressed for use in salads or as a side dish.

· Salt-pickled sakura cherry blossoms. Don't look for this on every modern menu. Kasa Moto



Hamachi Ponzu in a new way to serve sashimi — delicate and textural. THERESA ALBERT

may be unique in its importing of this highly perishable, delicate flower petal that's pickled in plum vinegar and then dried. A truly unique taste worth the search.

The traditional tastes and techniques remain. Attention to detail, the natural beauty of each food, dining as a social experience and polite efficient service will never go out of style. THERESA IS AN ON-CAMERA FOOD AND HEALTH EXPERT, NUTRITIONIST AND WRITER WHO LOVES TO SPREAD THE

EMBRACING WINE'S BLACK SHEEP

WORD ON FOOD

LIQUID ASSETS Peter Rockwell

@therealwineguy

There are grapes that people just love to hate. As polarizing as some fruit can be, an interesting trend has emerged that has more openminded wine lovers embracing these black sheep berries as if they're a badge of nonconformist cool.

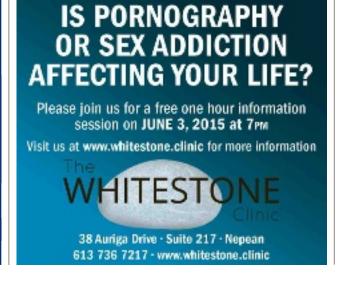
California's signature grape, Zinfandel, has struggled to find an audience outside The Golden State

thanks, in large part, to its pink version's reputation as a drop you drink when you know nothing about wine.

Zinfandels love a barbecue, with Cline Cellars' 2013 Lodi Zinfandel (\$16.15 - \$17.99) serving up soft, bright, wild berry fruit and a smooth, creamy finish that works just fine as a by-theglass sipper and a partner for grilled red meat and poultry. Prices reflect the range across the CLINE country. Some products may not be available in all prov-



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FALL SCHEDULE

City TV scores with fall lineup

The slasher series Scream Queens, The Muppets reboot and the comedy Life in Pieces are among the big TV titles heading to City.

The Rogers Media channel announced a fall/mid-season schedule Tuesday featuring 11 returning series and 12 new shows.

Scream Queens is the latest horror-comedy to come from American Horror Story creator Ryan Murphy. The show anchors an all-new Tuesday night lineup with the John Stamos comedy Grandfathered and the Rob Lowe comedy The Grinder.

"We were concerned about Tuesdays and I now think we're going to win on Tuesdays," said Colette Watson, vice-president of television and broadcast operations, Tuesday at the launch of City's upcoming slate.

Sunday night also gets an overhaul with addition of the Fox comedy The Last Man on Earth and two comedies last seen on Global: Family Guy and Bob's Burgers. Rogers Hometown Hockey, with Ron MacLean, moves over to Sportsnet. Other additions include the family musical event, The Wiz Live!

Hockey Night in Canada returns Saturday nights.

Returning series include the comedies Modern Family and Black-ish as well as the breakout hit drama Empire, which moves from OMNI and will air at 8 p.m. ET Wednesdays, an hour earlier than the Fox



Abigail Breslin stars in Scream Queens, premiering this September on City.

STEVE DIETL/FOX

"It was unbelievably successful in the U.S. so they are so anxious to get season number two going," Watson said of the fall return.

The CBC-TV classroom comedy Mr. D also joins the schedule while The Mindy Project, — recently dropped by Fox but picked up by Hulu — will run Thursdays.

Thursdays will also be home to Thursday Night NFL in a CBS simulcast until Oct. 29.

Mid-season additions include the big-screen spinoff Rush Hour, the animated comedy Bordertown and the comedy variety series Little Big Shots.

A sizzle reel of upcoming FX shows touted new offerings including Denis Leary's Sex&Drugs&Rock&Roll and the Zach Galifianakis comedy Baskets.

THE CANADIAN PRESS

Hunt for Hannibal crosses the pond

SNEAK PEEK

Hugh Dancy dishes on Season 3 developments

Kis Metro | New York City

For a man who plays one of TV's darkest characters, Hugh Dancy laughs easily - though it's the nervous laughter common while watching his show, Hannibal.

The series about cannibalistic Dr. Lecter is back for its third season Thursday at 10 p.m. ET/ PT on City.

Dancy's tenuously sane profiler Will Graham is recovering from being gutted physically as Hannibal was emotionally after betraying his secret to the FBI. Meanwhile, Hannibal is enjoying life as a professor in Italy with accomplice/hostage Bedelia Du Maurier (Gillian Anderson) posing as his wife. We caught up with Dancy about why Will just can't quit Hannibal.

Will is pursuing Hannibal, despite nearly being killed. Is he still with the FBI, or is this personal?

By the end of Season 2, Will has proven that he has no scrap of self-preservation whatsoever. Will is certainly cut off from the FBI, but more to the point, he's cut off from the people who would've been his allies — he doesn't trust them, and they don't necessarily trust him.

Hannibal loves Will, but how does Will feel?

The way I think about it is they've been alone in the world until they recognized something in the other that made them feel not alone, which is as good a description of love as you can have, I suppose.

You had two scenes with Gillian Anderson in Season 2. Will you have more?

I have a few scenes with Gillian, mostly towards the second half, which should serve to tell you that she maintains her presence in the show after we go into the Red Dragon storyline.

Dinners on the show are gourmet affairs. Are you a fancy food guy?

Once in a blue moon, who doesn't like a big lavish dinner with white tablecloths? But on the whole, I prefer that medium: great cooking but a bit more informal, and good company. I'm more of a wine guy than a food guy, though you can't have one without the other.

What's in your glass these days?

Right now I'm in Germany, so Riesling.



Hugh Dancy's character, Will Graham, pursues Dr. Lecter to Florence for Hannibal's third season. BROOKE PALMER/NBC



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Your essential daily news The Lamborghini SUV will launch in 2018 and will be built in Italy

Runnertacklesroughstuff





THE CHECKLIST | 2015 TOYOTA 4RUNNER

THE BASICS

Type. 4-door, 5- or 7-passenger midsize 4WD SUV Engine (hp). 4.0-litre V6

Transmission. Five-speed automatic

Price. Base \$39,060; as-tested \$45,575 (plus destination)

- All 4Runner trims include a towing package, and can pull up to 2,268 kilograms. • Terrain Edition includes crawl control, an off-road cruise control that can be set for 1.5 to 5 km/h.

 • Downhill assist control
- will automatically slow the 4Runner on steep off-road



JIL McINTOSH/FOR METRO

COOL FEATURES

- Touch-screen audio with satellite radio.
- Standard rear-view camera.Power-operated liftgate
- Tire pressure monitoring
- system.
 40/20/40 folding and reclining rear seats.

MARKET POSITION

The 4Runner plays in a small field. 4WD, body-on-frame SUVs aren't as fuel efficient as unibody models and are more capable than most people need. Toyota also used to offer the retro-styled FJ Cruiser, a competitor to the Jeep Wrangler.

Toyota SUV also behaves on highways, city streets

McIntosh For Metro

In the beginning, there were trucks. And from trucks we got utility vehicles, which could handle the rough-andtough just as well, but carry more people.

Eventually they morphed into the sport utility vehicle, or SUV, most of which soft-

ened their tough edges to become more car-like. But there are still a few that can really tackle the rough stuff, including Toyota's 4Runner.

It's still body-on-frame construction, and on this reviewer's Trail Edition tester, you get a part-time four-wheeldrive system that you engage with a lever and which is meant only for off-road, where it'll take the 4Runner through just about anything. If you prefer a four-wheel system that can also be used on dry roads, the Limited trim line uses full-time 4WD.

All 4Runner models contain a 4.0-litre V6 engine with a five-speed automatic transmission. It's a gutsy engine

and a good fit, but this is a heavy vehicle and you'll need to be prepared for the fuel consumption. It's officially rated at 12.8 L/100 km in combined driving, but when this reviewer drove it in cold weather, she topped out at 17.2 L/100 km.

The default configuration is five-passenger seating, but the top-line Limited trim can be optioned to seven passengers. On my Trail Edition tester, the cargo area floor is covered with a handy tray that'll hold 200 kilograms and pulls out for easier loading. You can also hide valuables in the shallow cubby under the tray.

The power-operated rear window disappears com-

pletely into the liftgate so you can toss items in, and can be operated from the key fob, but the liftgate itself is heavy and it takes a

serious tug to pull it closed. Despite its considerable off-

You'll need

to be prepared

for the fuel

consumption

road ability, the 4Runner still behaves well on city streets, and it's quiet and well-mannered on the highway.

The cabin may look a little dated, but the big, simple controls let you adjust the climate or stereo with a minimum of distraction.

The 4Runner's probably far more than most people need, but for those who want both daily urban transportation and a serious off-roader for weekends, this could fit the bill.



Disruptive era heralds fewer cars on roads

Mike Goetz



Not too long ago the only time people used the word "disruptive" was to describe that kid in grade school who was adept at knocking the class off its educational stride.

Now every time we hear the word, it seems to be in reference to technology and innovation, and how "disruptive technology" is going to be, well, very disruptive to whatever is going on at the moment.

Digital technology and the Internet are the most obvious and largest "disrupters" of late, and they're just getting started.

Yet we're also heading into an era where we will see a huge disruption in how we use and own vehicles. A vehicle that can do its thing without a human driver, and without accidents, opens up so many possibilities and scenarios, it's hard to image how anything on the current automotive scene would remain unaffected.

The entities that now design and build our vehicles will have the most adjusting to do, if they want to stay in the "mobility" game. We're already seeing Silicon Valley players, such as Google and Apple, becoming a factor in this industry, which previously revolved around places such as Detroit, Wolfsburg, and Toyota City.

Not only is their technological influence at stake, so is their manufacturing importance. In

a driverless world, you just don't need as many vehicles. A recently released research paper from the English bank Barclays predicted driverless cars will reduce vehicle sales in the U.S. by 40 per cent over the next 25 years, and force domestic players, such as GM and Ford, to cut production here in North America by more than half. Ouch.

THE COMPETITION

Jeep Cherokee

Base price: \$24,495

Nissan Xterra

Subaru Forester

Base price: \$25,995

Base price: \$34,013

The paper also forecasted the main vehicle types that would populate this smaller vehicle pool:

• Traditional vehicles, with no (or limited) self-driving capabilities. These vehicles would primarily be trucks and vans used for work-related activities, but would also include performance and sporty vehicles that some people would want to 'self" control, because they find that kind of thing fun.

• Family Autonomous Vehicles (FAVs) would be self-driving vehicles owned by individual families. This category would more or less replace the current luxury category, because it

would have elements of status, comfort, and exclusivity.

• Shared Autonomous Vehicles (SAVs) would be one of the main ways people would get around. Think "robot taxi" service.

• Pooled Shared Autonomous Vehicles (PSAVs) would be similar to SAVs, except the "robot taxi" service would take multiple riders at the same time.

This low-cost transportation option would be a further incentive to forget about "owning" your own car.

22 | Wednesday, June 3, 2015 metr# DRIVE

GM pulls plug on Voltabroad

Right-hand drive car to go

General Motors will no longer produce its next-generation plug-in hybrid Volt in right-hand drive for foreign markets. That spells the end of the Holden Volt, as the car is marketed in Australia, reports AutoWeek magazine. The Volt in right-hand drive has been on sale since late 2012, but because of a \$60,000 US price tag and a lack of interest from Aussie buyers, just 246 of the cars have been sold.



TEXT AND IMAGES BY WHEELBASE MEDIA

NEW CARS

Fiat sooX to woo continent

Fiat's 2016 500X tall wagon might do for Fiat what other 500 models haven't: win the minds and wallets of North American buyers in a vehicle class that's expanding quickly. Designed in Italy and aero-smooth in all the right places, Fiat says the 500X blends road manners, appropriate urban dimensions and high fuel economy with a wideranging suite of premium safety technologies.





Big Oil's days numbered?

An upheaval in clean energy is quietly loosening the grip of the world's largest publicly owned oil and gas companies (known as Big Oil) on the automotive industry, say analysts at Bloomberg New Energy Finance. Electric vehicles "are starting to take off, with global sales of 288,500 units last year." While that's just 0.5 per cent of all car sales, it's more than five times the number sold in 2011. That's because electric-car battery costs are falling as fast as solar-panel costs. The price of lithium-ion batteries has fallen 60 per cent from 2010 "and will keep declining at the same pace." Fuel-cell cars are also moving into showrooms from the laboratory. The Chevrolet Bolt (pictured at left), for example, with long electric range, is expected to help make electric cars more popular.



Tesla looks past automobiles

Tesla Motors is reinventing itself to become more than an automotive company, but an "energy innovation company" first and foremost. Its new corporate offshoot, Tesla Energy, will enable homes, businesses and utilities to store electrical energy on site, to manage individual power demand, provide backup power and increase electrical grid resilience. Its Powerwall suite of infinitely stackable lithium-ion batteries mount on a wall to draw and store power from the grid during lower-cost nonpeak periods, and/or from roof-mounted solar panels.



INVESTMENT

Toyota to splash out on hydrogen development

As one of the auto industry's leading proponents of hydrogen fuel-cell technology, Toyota has set out to do with fuel cells what it did with gas/electric hybrid tech: to make it mainstream. Toyota will sell \$4.2 billion US-worth of its common shares, mainly to fund fuel-cell research and development. The company began sales last December of the Mirai sedan, its first production car to run on hydrogen and emit only water, reports industry watchdog Automotive News.



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24 Wednesday, June 3, 2015 **metr****DRIVE**

BMW M3 packs performance

USED VEHICLE

2007-2013 models mostly free of serious issues

For fans of high-strung, German-engineered performance cars, it doesn't get much better than the BMW M3. The popular model entered its fourth generation for model year 2007.

Shoppers considering an M3 from this era can seek sedan, coupe or convertible body styles, manual or dual-clutch paddle-shift transmissions, and access to one of the most storied performance car driving experiences on the road.

A 'scan' of the M3's drivetrain computer systems should be considered mandatory ahead of purchase. This is done at a BMW dealer by a trained technician with a special computer scanner device that can reveal hidden electronic problems.

There's some discussion relating to bad rod bearings inside of the M3's engine, which could wear out and cause engine failure. This is an expensive repair, and shoppers are advised to seek out a model with all service records, and especially, proof of regular oil changes, for peace of mind.

Other reported issues include bad window seals on coupe models which could scratch the glass, some interior squeaks and rattles, and wonky brake lights.

Listen for any clunking or popping sounds through the rear floor of the M3 while accelerating hard in first gear, which could indicate a differential mount that needs replacing. Coax this sound by locking into first gear at a low speed, and 'poking' the throttle hard and repeatedly a few times.

JUSTIN PRITCHARD



Features

Feature content is fitting of a world-class performance car, and includes goodies such as adjustable shocks, an adjustable rear differential, premium audio, memory seats, Bluetooth, navigation, iDrive central command, automatic lights, automatic climate control and more.

Engines

All units are powered by a hand-built four-litre V8, featuring a free-revving 414 horsepower peak delivered en route to an electrifying 8,300 RPM redline. Look for manual or paddle-shift dualclutch transmissions.

What owners like

Performance, discreet styling, a magnificently tuned engine, track-ready handling and brakes and all-around recognition and exclusivity are highly rated by M3 owners. Many owners report the M3 also does well as a daily driver when driven gently, too.

What owners dislike

Common gripes include heavy fuel consumption, a stiff suspension, a plain-Jane interior relative to some competitors, and the perpetual threat of driver's licence revocation.

The verdict

The M3 owner's community reports a reliable performance machine that's fantastic to drive and free of serious issues. Common issues are mostly minor and easily identified — not to mention largely electronic and not mechanical in nature. A model bought through a certified pre-owned program with full service records is your safest bet.

VINTAGE CAR

Collectors preserve Pakistan's history

For an elite but passionate group of vintage car collectors in Pakistan, restoring antique rides is like travelling back in time — and money seems to be no obstacle when the prize is a Lincoln convertible that belonged to an Afghan king or a Rolls-Royce once used by India's last viceroy.

Mohsin Ikraam, president of the Vintage and Classic Car Club of Pakistan, says the collectors help preserve a portion of the region's history of the past century. Among rich Pak-

istanis, he says, the desire to own classic automobiles has been growing and the club's membership has now topped 10,000.

Cars on display

The club sponsors many promotions and events where owners roll out their antiques for annual car shows or take them on rallies spanning hundreds of kilometres across Pakistan — something that might raise eyebrows among those aware of just how volatile this

country can be.

To outsiders, Pakistan is better known for militant havens in its northwestern tribal areas and Taliban insurgents who have fought for more than a decade to overthrow the government and impose a harsh version of Islamic law, killing tens of thousands of people in the war.

But Pakistan's gearheads are a testament to the universal appeal of fixing up and maintaining vintage cars.

Take businessman Raja Muja-

hid Zafar, for one. He has nearly 40 classic cars — the oldest among them a 1914 Ford Model T — at his palatial Islamabad home. A special section of the house and grounds is dedicated to his hobby, including a big concrete garage and two outdoor shelters.

"You can't stop time," Zafar says, touching the Ford's copper-plated insignia, "but you can drive back into the past."

Zafar imagines the car whizzing about on roads back when the region was still a British colony, scenes reminiscent of old movies. "That's the historical ride you enjoy."

Years of work

Zafar's says his "first love" was a maroon, six-cylinder Wolseley 1936 model — a "wreck" when he found it in 1988. It took him several years and trips abroad to hunt down parts to restore it to original condition, he said.

Getting spare parts is the most challenging aspect of the hobby, the collectors say, and parts are often shipped. In response to an ad in 2004, a London broker got Karachibased businessman Karim Chhapra an original clock he desperately wanted for his 1924 Rolls-Royce Silver Ghost model. It cost £400 — or about \$725 US at the time.

The Rolls-Royce was originally owned by a prince, Nawab Sadiq Muhammad Khan Abbasi, and the car won first place at an international Concours D'Elegance car show in Kuwait in 2012, Chhapra says.

THE ASSOCIATED PRESS



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CSA head calls women's game 'a shining light'

WOMEN'S WORLD CUP

Soccer boss sees Canadian event restoring game's lustre

The head of Canadian soccer says the Women's World Cup may help restore the shine of world soccer despite the mushrooming FIFA scandal.

The turmoil in the sport's world governing body took another turn Tuesday as president Sepp Blatter, just four days after winning re-election, announced plans to step down.

Canadian Soccer Association president Victor Montagliani welcomed the news of Blatter's departure, saying change was needed in the FIFA boardroom because "I think we've lost our moral compass in the game."

"Hopefully this is the start of us giving it back."

Montagliani says the Women's World Cup will help

'The women's game in a lot of ways is a shining light that may part the clouds here," Montagliani told The Canadian Press on Tuesday. "Women's football is in such a pure state in terms of these girls really play for the jersey, really play for the love of the game. We're not talking big-money athletes. There's a purity to it."



Canada forward Adriana Leon clashes with England's Claire Rafferty during Friday's friendly at Tim Hortons Field in Hamilton. Canada opens up World Cup play this Saturday at Edmonton's Commonwealth Stadium. GEOFF ROBINS/AFP/GETTY IMAGES

But also a little mystery. A CSA spokeswoman, responding to a Canadian Press question about compensation for the Canadian women at the World Cup, said she could not divulge the information because of a confidentiality clause in the agreement between the team and Canada Soccer.

Montagliani did not vote for Blatter at Friday's FIFA Congress and he says he personally told the FIFA president why.

I think we've lost our moral compass in the game.

Canadian Soccer Association president Victor Montagliani

Blatter was surprised, Montagliani said.

The CSA president said he had not expected Blatter to fulfil his term but was surprised the end came so soon.

Asked how Blatter will be remembered, Montagliani said "probably, in the short-term, not very well." That cloud will overshadow the fact there was growth during his years as general secretary and then president.

Montagliani says he never saw any signs of shady business in FIFA. He cited cultural differences in doing business

around the world, but "there's a difference between accepting differences and what's coming out (in the scandal)."

Montagliani was elected president of the CSA in 2012, one year after Blatter ran unopposed.

The native of Burnaby, B.C., was a CSA vice-president for three terms, and has been a member of its executive committee since 2005. THE CANADIAN PRESS

Dub **Burris** a believer

Henry Burris has plenty of reasons to be smiling at the Ottawa Redblacks training camp.

The Ottawa quarterback affectionately dubbed Smilin' Hank because of his cheerful disposition — has many more weapons in his offensive arsenal following a busy off-season by GM Marcel Desjardins. Offensive struggles plagued the Redblacks' inaugural season, one that saw them manage just two wins and score a leaguelow 278 points.



Desjardins certainly took notice, trading for or dipping into free agency to land receivers Maurice Price, Ernest Jackson, Henry Burris Greg Elling-GETTY IMAGES FILE SON, Brad Sinopoli and

Chris Williams. The newcomers, along with Matt Carter, Khalil Paden and Marcus Henry not only boost Ottawa's receiving talent but give the club much-needed depth at the

"You look at the play-making ability as well as the experience and the leadership that we brought to the table, especially in our skilled positions on offence," Burris said. "It's definitely one of the steps we had to take to move forward to make ourselves that team that could compete and contend." THE CANADIAN PRESS

Jays drop first game of double dip in D.C.

Jordan Zimmermann allowed six hits in eight innings, Bryce Harper singled home the goahead run off R.A. Dickey and the Washington Nationals beat the Toronto Blue Jays 2-0 Tuesday in the opener of a doubleheader.

A day after rain postponed the first meeting of the teams since 2012, Zimmermann (5-2) struck out four and walked one to win. THE ASSOCIATED PRESS





Bryce Harper and reliever Drew Storen hug on Tuesday in D.C. THE ASSOCIATED PRESS

IN BRIEF

Canada has hope in Hendo Club in Cambridge, Ont. In Lorie Kane her first season as a pro, the was the last 17-year-old has already come Canadian close to winning a championship and ending to win an LPGA Canada's barren run. We're hoping to event change that this 2001. Fourteen week," said Henyears later, her derson, sitting alongside her young protege hopes to end that caddie, older drought on home soil. sister Brittany, Brooke Henderson in a press highlights a contingent conference of 10 Canadian golfers at Tuesday. this week's Manulife LPGA THE CANADIAN Classic at Whistle Bear Golf

Vintage Federer absent on red clay

Stumbling on his way to the net, Roger Federer dropped his racket and fell to his knees on the red clay. Hardly the sort of grace and precision the world has come to expect from the 17-time Grand Slam champion.

"I made 30-something errors today. He, maybe, made one," said Federer, exaggerating a bit after his 6-4, 6-3, 7-6 (4) loss in the French Open quarter-finals Tuesday to Swiss Davis Cup teammate Štan Wawrinka.

THE ASSOCIATED PRESS



Roger Federer was eliminated from the French Open on Tuesday. GETTY IMAGES

RECIPE Edamame Salad



Rose Reisman

The perfect protein-filled vegetarian salad.

Ready in

Prep time: 10 minutes Cook time: 8 minutes

Ingredients

- 13 cups frozen edamame beans
- •1 cup canned corn kernels, drained
- ½ diced water chestnuts
- 1/2 cup diced red bell pepper • ¼ cup chopped green onions
- ¼ cup chopped cilantro
- 2 Tbsp low-sodium soy sauce
- 1½ Tbsp rice vinegar
- •1 Tbsp sesame oil
- 2 tsp honey • 1 tsp crushed garlic
- 1/2 tsp minced ginger
- 1 tsp toasted sesame seeds

Directions

- 1. Boil edamame beans just until bright green, approximately three minutes. Drain and rinse with cold water. Place in serving bowl.
- 2. In non-stick skillet sprayed with vegetable oil, sauté corn just until browned, approximately five minutes. Add to edamame along with water chestnuts, bell pepper, green onions and cilantro.
- 3. Mix soy sauce, rice vinegar, sesame oil, honey, garlic and ginger and pour over salad. Garnish with toasted sesame seeds.

Nutrition per serving

- Calories 257
- Carbohydrates 29 g
- Protein 17 g
- Fat 7.9 g
- Cholesterol 10 mg
- Sodium 398 mg • Fibre 3.6 g
- PHOTO: ROSE REISMAN

1. Did some betting at the casino 6. Stephanie Mills song: "What _ Gonna Do with My Lovin'" _ and pains 14. Make _ _ of 15. Faith, for short 16. Utah city 17. Architectural colonnades 18. 'Ranch' suffix 19. Evita musical surname 20. Neighbour of Cdn. territory the Yukon: 4 wds. 23. Henry James (British poet) 24. Twi'_ (Humanoid species in the 'Star Wars' universe) 25. Tornado 26. Bitty bug 28. Born, in Boucherville 29. Eyewear, colloquially 31. X-34. Faint 37. Waiter's prop 38. Strong 39. Gateway 40. Nevertheless 41. Baby bird sounds

42. Sunups

43. Pecan

long!"

Waldorf

tac

44. "It's _ too

45. Famed ho-

tel in New York,

49. Mints brand,

50. Brain liquid

53. 16th-century

[acronym]

20

23

29

40

30

26 27

43

English explorer who searched for the Northwest†Passage in Canada: 2 wds. 56. Elongated circles 57. Road coat 58. Monk, in

59. Musical group

of nine 60. Long list's ender 61. "This is _ _ sudden!"

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

32

62. "_ Anatomy" 63. "Go team!" 64. Green hue

DOWN

1. Fill with fuel: 2 wds. 2. Nervous

3. APTN cooking show, & Marmalade'

19

42

64

44

4. Coup d' 5. Removes pepper's table partner

couver inlet)

7. Someone's saver 8. Upward 9. Submitted a CV

50 51

10. Wrinkle 11. "The Magnificent Seven" (1960) actor Mr. Buchholz 12. Call forth

21. Golfing prop 22. Bristled, like barley 27. Glacial 29. Pig pen 30. -med student 31. "Sheila" by Tommy _ 32. Swiss peak 33. Olde-style word 34. Canadian blues group, _ Blues Band 35 Particle 36. Bride's new title 38. _ stone (Cannot be changed): 2 wds. 39. Actor, Daniel _ Kim 41. Sticking to tradition sorts 42. The little point between the '2' and '5' of 2.5 43. Rachel __, Alberta's new Premier 44. Diner's shirt protector 45. In with 46. Relish an enjoyable experience or flavour [var. sp.] 47. Big name in air conditioners 48. Blue Rodeo's the Rain' 49. Statue of Lib erty's light 51. Feel 52. Ozone-

damaging re-

55. Unaccom-

54. Pro (In pro-

frigerant

portion)

panied

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 A decision needs to be taken about your financial situation and it is up to you to take it and make it work. Don't keep quiet and let others call the shots — if you do it is they who will gain and you who will pay

Taurus April 21 - May 21 A battle of wills is likely today but because it is a battle that neither side can win you are advised not to take it too seriously. Speak your mind but don't waste time and energy trying to get others to change theirs.

Gemini May 22 - June 21 If you recently made some kind of error then hold up your hand and admit it. No one will think less of you and punishment is unlikely to be severe. Swallow your pride and accept your share of the blame.

Cancer June 22 - July 23 If you find yourself arguing over a subject you feel strongly about today make sure it does not get out of hand. It is not worth putting a friendship at risk to win a debate that soon everyone will have forgotten about.

Leo July 24 - Aug. 23 You will find your options limited today and there is nothing much you can do about it. It may not be your way to do nothing, but sit tight and wait for the restriction to pass.

Virgo Aug. 24 - Sept. 23 You will hear something over the next 24 hours that you utterly disagree with, but this is not a good time to make your feelings known. It could be that someone is being deliberately provocative just to see how you react.

Libra Sept. 24 - Oct. 23 You won't lack for advice today, but how much of it is good advice? Hardly any of it, according to the planets, so ignore what others say and follow your instincts.

Scorpio Oct. 24 - Nov. 22 There are times when it is right to forgive and forget but this isn't one of them. If you let someone who has damaged you in some way off the hook it will make you look weak and encourage others to take advantage. Get tough.

Sagittarius Nov. 23 - Dec. 21 Don't waste your time and energy trying to figure out something that most likely has no meaning at all. This is one of those occasions when, if you ignore a problem, it won't be a problem for long, so leave it alone

Capricorn Dec. 22 - Jan. 20 Because everyone else seems happy with what's going on you may be reluctant to voice your disapproval, but chances are if you speak up today others will be encouraged to as well. You're by no means alone.

Aquarius Jan. 21 - Feb. 19 You will encounter opposition in some way today and you are going to have to find a way to balance your domestic responsibilities and your career ambitions. It won't be easy but it can be done — so do it!

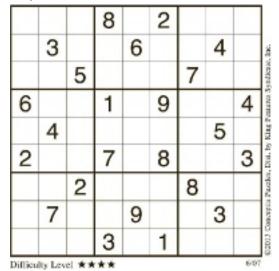
Pisces Feb. 20 - March 20 You will get frustrated with people who can't make up their minds today. For your own peace of mind it might be best to leave them out of your plans altogether and just do your own thing.

CONCEPTIS SUDOKU by Dave Green

13. Navigational

Every row, column and box contains 1-9

aid-at-sea



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